

New Book Introduces 24 “Soular Systems”

## ALL SYSTEMS GO: Fine-Tune Your Life and Reconnect to What Matters Most

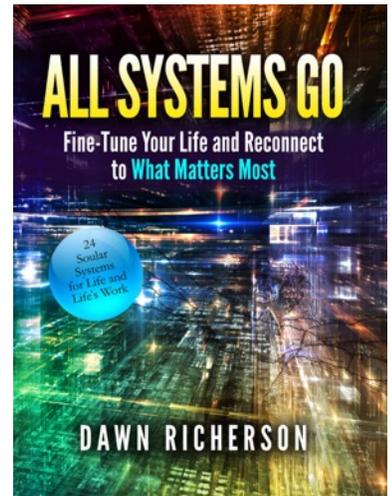
[Atlanta, GA | February 22, 2016] • **“You are a dynamic and sustainable system, coordinated power harnessed from within.”** This is the realization that emerged when author Dawn Richerson was led into exploring the territory of her soul after decades of searching for external solutions. Her inner exploration led Richerson to 24 “soular systems,” shared in the new book *All Systems Go: Fine-Tune Your Life and Reconnect to What Matters Most*.

“Whenever I would turn to yet another healing modality or system for life change and improvement, I was led back, sometimes gently and sometimes quite abruptly, to this idea that it was all there inside me. There were worlds of wonder waiting within,” says Richerson. “I just needed to reconnect to what mattered most -- the light, life and love I am and each of us is at our core.”

Each life system is comprised of eight pathways for a deeper reconnection to your essential self, journey and truth. Richerson, who leads journeys for soul growth and exploration online and in-person, became immersed in the three pathways of soul exploration, expression and expansion and discovered that “these pathways to greater purpose and meaning were multidimensional in nature.” As she played with various combinations, including the system triads in the book, it became clear to her that “these systems were dynamic and packed with layered truths and soul activations with an energetic basis.”

The new book is meant to be an interactive experience and includes Soul Essence Art {SEA} symbols for each of the life systems along with Soul Activation Questions. As readers engage with the movements and explore their own soul’s knowing, they are activating their own sacred seeds of essence and fine gifts of original design in unique ways. More than just an individual experience, Richerson sees these systems for life change from the inside out as foundational for collective transformation. “We all feel the energetic shifts at play in our world. My journey led to an awareness of the many ways our collective reality is a representation of how connected we are to the dynamic, sustainable system we are at the soul level.”

*All Systems Go* introduces ways to fine-tune your life by accessing natural pathways for soul growth and expansion in life and life’s work. “As we connect to what matters most, our world will change. Together, we will find a whole new way forward. I want to live in full expression. I want an all-systems-go kind of experience.” Written with that spirit of adventure and courageous exploration, *All Systems Go* leads readers further into that experience of a fully expressed and soulful life. The book is available at the author’s website, on Amazon, and in retail outlets worldwide. ###



## Inside This Book

- **A Systems Matrix** and a look at what's next and what's NOW {your Next Opportunity Window}
- **Shared Characteristics** of dynamic and sustainable systems for evaluation of your life and life's work
- **24 "Soular Systems"** for life and life's work and a foundation for the full book series I'm working on
- **24 Life Tools** to reconnect to the light, life, and love you are from the author's life system toolkits
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